

# Resource Organizations

Indiana families experience a wide variety of needs for information, support, and connections. Many organizations throughout the state exist to help meet those needs; however, families often struggle to connect with these important resources. The organizations listed on this fact sheet are a starting place. It is important to note that this is NOT a complete listing. Families can learn more about other resources by connecting with the organizations listed below and/or by searching the statewide resource directory FINDER, which offers an extensive directory of services, programs, and articles.

**Indiana Disability Resource FINDER** <https://www.indianadisabilityresourcefinder.org/>

## Statewide Organizations

Statewide organizations with broad missions and resources can be a great “first stop” when families are seeking information. They often provide newsletters or other communication that can keep a family connected to information and resources.

### Indiana Family to Family

Indiana Family to Family (INF2F) is a parent-to-parent organization that works throughout the state of Indiana supporting families of children or youth who require additional health or educational assistance. INF2F shares advocacy opportunities and updated information on issues that impact Indiana families. The organization also serves as the state’s Family-to-Family Health Information Center under a grant administered by the U.S. Department of Health and Human Services. In addition to parent-to-parent support, they offer trainings and resources to both families and professionals.

Website: <https://www.inf2f.org>

Phone: 844-323-4636

### IN\*SOURCE

IN\*SOURCE, the Indiana Resource Center for Families with Special Needs, provides parents, families, and service providers in Indiana with the information and training necessary to help assure effective educational programs and appropriate services for children and young adults with disabilities.

Website: [www.insource.org](http://www.insource.org)

Phone: 1-800-332-4433

### Indiana Disability Rights (IDR)

IDR is a congressionally mandated, legally based, disability rights agency created to protect and advocate for the rights of people with disabilities. It is Indiana’s federally designated Protection and Advocacy system and client assistance program. IDR staff includes disability rights advocates and attorneys who have the authority to pursue appropriate legal and administrative remedies. IDR may be able to assist Hoosiers who have a disability and are being denied a right or are being discriminated against because of a disability.

Website: <https://www.in.gov/idr/>

Phone: 1-800-622-4845

### **Disability Specific Organizations**

There are several statewide organizations that focus on specific disabilities and diagnoses. These resources may help families connect to others with similar experiences and may also connect families to local groups and resources.

#### **The Arc of Indiana**

The Arc of Indiana is committed to all people with intellectual and developmental disabilities realizing their goals of living, learning, working and fully participating in the community. The Arc of Indiana is committed to progressive public policy to protect rights and improve services for people with developmental disabilities.

Website: [www.arcind.org](http://www.arcind.org)

Phone: 800-382-9100

#### **United Cerebral Palsy Association of Greater Indiana**

UCPAGI provides support and services to children and adults with cerebral palsy and their families throughout each of Indiana's 92 counties.

Website: [www.ucpaindy.org](http://www.ucpaindy.org)

Phone: 317-871-4032

#### **Down Syndrome Indiana**

Down Syndrome Indiana is an organization serving the needs of individuals with Down Syndrome along with their families, caregivers, teachers and employers. Down Syndrome Indiana offers a wide variety of resources for families and medical professionals. In addition, they coordinate active support groups to connect families and host several events throughout the year.

Website: [www.dsindiana.org](http://www.dsindiana.org)

Phone: 317-925-7617

#### **Autism Society of Indiana**

The Autism Society of Indiana is the state chapter of the Autism Society of America. They serve families and people affected by autism, providing insight into therapies, referring to providers or support groups, or by just listening.

Website: [www.autismsocietyofindiana.org](http://www.autismsocietyofindiana.org)

Phone: 800-609-8449

#### **Indiana Federations of Families for Children's Mental Health**

IFFCMH is a network of families of children and adolescents with emotional, behavioral and mental health needs. IFFCMH connects families not only with other families, but with professionals and other interested people and groups.

Website: [www.indianafamilies.org](http://www.indianafamilies.org)

Phone: 866-247-8457

### **Regional and Local Groups**

Many areas of our state have local support groups and networks that serve families. Families can connect to these resources using the directory and via the organizations above. Families are encouraged to learn about the resources available in their own communities.

Programs and systems change often. It is important to ensure that you are using the most current information. This fact sheet was updated March 2022. Please check <https://www.inf2f.org/fact-sheets.html> for the most recent edition.

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