

Dinhnak lei Zohkhenhnak

Dinhnak (Respite) cu zeidah a si?

Dinhnak (Respite) cu zohkhenhnak lei tuanvo pawl sin in dinhnak le bawmhnak caah zohkhenhnak petu pawl riantuanpiak pekmi caantha sunglawi pakhat a si. Phung nih onhmi sinak kongkau pawl a phunphun cungah hngat in, a hlei in ngandamnak lei zohkhenhnak a herhmi pumpak pawl le an innchungkhar pawl nih aa dangmi dinhnak lei thim khawhmi an ngei kho men.

Home and Community Based Services (HCBS) hmangin Dinhnak

Aa dang liangluangmi HCBS program pawl hmangin dinhnak cu tuaktaan piakmi riantuanpiaknak pakhat bantu kin hmuh khawh a si men lai:

- Tar le Pumtlinglo Tuaktaanpiaknak
- Thluak lei Hliamhma Ingmi Tuaktaanpiaknak
- Mibu Riantuantinak le Damthannak lei Tuaktaanpiaknak
- Innchungkhar Bawmhnak lei Tuaktaanpiaknak
- Ngakchia Lungthin Damnak lei Tuampiaknak Program (CMHW) le Ngakchia i Lungthin Damnak lei Tawlrelnak (CMHI)

HCBS caah a hlei in bawmhnak a herhmi pumpak kha papek an si tikah, dinhnak kha tuaktaanpiakmi riantuannak pakhat bantu kin hmuh khawh a si men lai.

Tuaktaanpiaknak lei tawlreltu nih riantuanpiaknak kong i bawmtu pawl le thawngthanhmi cazin a pek lai. A si tawn ning ah cun, hi bantu kin dinhnak phun cu nulepa i riantuan caan asilole sianginn kai caan lio ah hman khawh a si lo.

Medicaid nih Tangka bawmhmi Dinhnak

Medicaid riantuanpiaknak a hmunmi le a thiammi zohkhenhnak a herhmi pumpaak pawl nih conggramhnak hmunhma hmangin a caan ning tein dinhnak an hmuh khawh men lai. Hi nih hin siibawi nih tuahtermi le zohkhenhnak lei tuahto ning a herh lai. Hi bantu kin dinhnak phun cu a tlawm ngai fawn.

Mah umnak hmun i Dinhnak lei Program pawl

Khrihafabu pawl (a hlei in pumtlinglo riantuanpiaknak pawl), Easterseals Crossroads tibantuk mah umnak hmun i bawmtu pawl sin in dinhnak cu hmu khawh a si men lai:

<https://www.easterseals.com/support-and-education/for-caregivers/respite-care.html>, and other service organizations.

Indiana Resource Center for Autism nih Indiana chung i dinhnak lei bawmtu pawl cazain aa chiah ko: <https://www.iidc.indiana.edu/irca/articles/respite-provider-agencies-in-indiana.html>

Adang tein tangka a pe khomi innchungkhar pawl nih fakthanhnak an tuah kho men i mah umnak hmun i college le sianghleiruun pawl le web hrambunh databases ah bawmtu pawl kha an kawl khawh men lai:

- Ngakchia Zohkhenhnak lei Bawmhnak pawl le Kuatchinnak lei Riantuanpiaknak, 800-299-1627, <https://www.in.gov/fssa/carefinder/files/LCC-RR-Services-Provider-Map.pdf>
- [Care.com](https://www.care.com), hi nih hin a hlei in zohkhenhnak a herhmi pumpaak pawl caah zohkhenh dingin bawmtu pawl kha thiamnak a ngeimi cazin a lakter khawh hna.
- Cu lengah, cheukhat Medicaid tuaktaanpiaknak lei bawmtu pawl nih pumpak pekmi kha an cohlan lai i pumpak in hnatlaknak an tuah khawh men. Dinhnak caah tangka pek dingin tangka lei bawmhnak a kawlmi innchungkhar pawl nih mibu phu pawl nih pekmi bawmhnak pawl kawl le zok an duh men lai.

Caan Sau Dinhnak

Caan sau dinhnak a pemi hmunhma pawl an um:

- Agape Respite (260)589-3351; <http://www.agaperespite.org>
- A Rosie Place (574)235-8899; <http://www.arosieplace.org/>
- Chiara Home (574)287-5435; <https://www.chiarahomerespite.org/>
- Especially Kidz (317)392-3287; <https://www.inhcf.com/especiallykidz/home/>
- Garden Villa Michael's House; <https://www.gardenvillahealth.com/michaels-house/>
 - Bedford (812)277-3730
 - Bloomington (812)339-1657
- Opportunity Enterprises (219)548-0206; <https://www.oppent.org/>

Prokarem pawl le tuahto ning pawl cu atu le atu aa thleng. A hnuvik thawngthanhmi na hman hrimhrim ding kha a biapi. Hi thil sining tialmi cu 2022 ah tharchuahmi a si. Zaangfahnak in <https://www.inf2f.org/fact-sheets.html> ah a hnuvik tialmi kha chek. Ngandamnak lei Bawmhnik pawl le Riantuanpiaknak pawl Tawlrelnak (Health Resources and Services Administration, HRSA) sin in tangka bawmhnik hmangin a chumcheu bawmhmi a si.