



Emergency Preparedness:

***Always Call 911 first in an Emergency!**

Local Emergency Contacts:

Name:	Phone:
Relationship:	Notes:

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Relationship:	Notes:

Crisis Plan:

***Call 988 for Mental Health Emergencies/Crisis: 24/7 Lifeline!**

- Document specific crisis situations and the steps to be taken. Include guidance on managing sensory sensitivities, communication preferences, calming techniques, and when to seek professional help.

**Please refer to the National Alliance on Mental Illness or National Federation of Families for Crisis Planning Tool Kit to assist with creating a Crisis plan if your family needs this.*

www.namiindiana.org <https://www.ffcmh.org/>

Programs and systems change often. It is important to ensure that you are using the most current information. This document was created August 2023. Please check <https://www.inf2f.org/fact-sheets.html> for the most recent edition. This document was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$89,140 with 87 % percent financed with non-governmental sources. The contents are those of INF2F and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.



Home Safety Plan:

- Identify potential hazards within the home.
- Detail safety measures for specific needs (e.g., securing furniture, preventing access to medication)
- List emergency supplies (flashlights, first aid kit, etc.) and their locations.
- List location and supplies needed for Durable medical/Assistive communication devices.

Evacuation Plan:

- Identify the nearest safe location to evacuate in case of emergencies.
- Specify how to evacuate the building or home, considering mobility and sensory challenges.
- Provide guidance on how to assist the child during evacuation.
- Mention any specific transportation needs.

Medical Equipment and Medication Information:

- List all necessary medical equipment (oxygen tanks, ventilators, etc.).
- Describe the location of each item in the home.
- Provide clear instructions on how to safely handle and transport the equipment.
- Include information about medications, dosages, and how they should be administered during emergencies.

Communication Plan:

- Document communication strategy with emergency responders about your child's needs, and challenges.
- Document any communication aids or devices that are crucial.
- Document Mental Health Diagnoses and how this impacts your child.

Additional Notes:

***Note:** This document covers the important aspects of emergency preparedness including local emergency contact information, crisis plans, home safety, evacuation procedures, and medical equipment/assistive device management. Please Customize the form based on your family's needs and P keep it readily accessible for family members and caregivers. Regularly review and update this information as needed. INF2F has no responsibility or liability for any information listed, or not listed within this document. This document is intended to serve as a guide for your family as you consider which aspects of emergency preparedness are needed for your respective family situation.

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